

7-11 Year Old WCC

Pt Name : _____ **DOB:** _____ **DOS:** _____

WT: _____ **kg** **HT:** _____ **cm** **FOC:** _____

T: _____ **°F** **P:** _____ **RR:** _____

B/P: _____/_____ **O₂:** _____% **Allergies:** _____

Accompanied By : _____ **Current Meds:** _____

HISTORY OF PRESENT ILLNESS:

Diet: _____ **Elimination:** _____

Sleep: _____ **Allergies:** _____

Medications: _____

Behavior/Personality: _____ **Menarche:** LMP ___/___/___

_____ **Freq/Duration:** _____

Concerns: _____

REVIEW OF SYSTEMS:

Circled = negative, except as noted below

Cons	Eyes	ENMT	CV	Resp	Gastro	G/U	Skel
Integumentary	Neuro	Psych	Endo	Hema/Lymp	Allergy/Imm		

PAST MED, FAMILY & SOCIAL HX:

Immunizations: UTD: Y N

Major Illnesses: _____

Hospitalizations: _____

Surgeries: _____

Family HX: CA, HTN, Asthma, Allergies, DM, CV any, CV < 55, Sz

Social HX: Total in Household: _____

Lives with: Mother Father Siblings: _____ Aunt Uncle
 Grandmother Grandfather Cousins

Water: City Well Bottled **Pets:** Dog/Cat Reptiles Bird

Smokers: Y N **Poultry** Farm

Developmental Milestones

Grade in school: _____

Usual grades: _____

Areas of strength: _____

Areas needing improvement: _____

Tells time (by age 8 or 9 years): _____

Behavior reports: _____

Friends and outside activities: _____

PHYSICAL EXAM:

General Appearance:

Well-Developed Well-Nourished NAD

Eyes:

Lids, Sclerae, conj, ant chambers
 Red reflexes
 PERRL
 EOMI
 Tears

ENMT:

Hearing, pinnae, canals, TMs
 Nasal mucosa, septum, turbinates
 Pharynx/moist mucosa

Neck:

Non-Tender LAD No deformity/
 No meningeal signs masses
 Thyroid

Respiratory:

Auscultation Percussion
 Effort Air Movement

Cardiovascular:

RRR No Murmur
 Pulses Cap refill < 2 secs

GI/Abdomen:

Soft BS Normal
 Non-Tender No CVAT
 No masses No HSM
 No peritoneal signs

GU: Tanner Stage _____

Male: Normal Testes ↓↓
 Circ'ed Uncirc'ed
Female: Normal Hymen intact
 No D/C

Musculoskeletal:

Head: AF NCAT
Neck: Strength/Tone/ROM
Back/Spine: Strength/Tone/ROM
Chest: No tenderness No deformity
Extremities:
 Strength/Tone/ROM
 No tenderness
 No swelling
 Digits/Nails
 Gait/Station

Skin:

Good Color Warm/dry
 No rash/lesion/mass

Neuro:

CN II→XII intact Sensation nl throughout
 Reflexes 2+ /equal/bilat
 Strength nl bilat all extremities

Psychiatric:

Active, interactive Psych Questionnaire Neg
 Consolable
 Social smile
 Behavior appropriate for age/setting

Exam limited by urgency of condition

Check box if assessed: circle abnormal and note findings
Not circled & Checked = Normal

Anticipatory Guidelines:

Safety (seat belts, helmets, guns, strangers):

Avoid smoking, drugs, alcohol:

Balanced Diet/regular exercise:

Encourage reading/limit TV:

Establish rules/chores/allowance:

Discipline:

Preparation for menstruation:

Assessment:

Plan:

Immunizations:

DTAP # HEP A # HEP B #

HiB # IPOL # MMR #

Prevnar # Varicella # Td Booste

Other _____ UTD

Texas HealthSteps Patients

Hgb Type _____ per results from _____

PPD Questionnaire - +
if + do PPD Results _____

Refer to dental done Y N

(12 months or older)

Formal Vision Done Y N

Formal Hearing Done Y N

DISPOSITION: Home Admitted Trans

Follow-up in _____ days wks
Next WCC

Signature